

MALTBY LE MARSH PARISH NEWSLETTER Issue 70, February 2025.

In the event of an emergency, if you believe someone is having a heart attack, there are three Automated External Defibrillators (AED) available for use locally. There is one on the wall outside the village hall in Maltby Le Marsh, at Grange Farm Park, Main Road, Maltby Le Marsh, sited near the office and at Coastfields (Grange Leisure Park) Mablethorpe. **What to do if you find someone collapsed...** Make sure it's safe to approach them, check if they respond by gently shaking their shoulders and asking them loudly if they are okay. If they don't respond, shout for help and open their airway by gently tilting their head back and lifting their chin. Look and listen for up ten seconds for **normal** breathing (ignore occasional, irregular gasps- these are common in early stages of cardiac arrest). If they are not breathing, do not leave the casualty to look for a defibrillator yourself. If there is someone with you, send them to get one. **They should go to the nearest box, using their mobile phone, dial 999 and state that it's a medical emergency, then ask for an entry code to the relevant defibrillator. The operator will give them the code if they think it necessary, and arrange for an ambulance to attend.** After assessing the casualty you should start chest compressions (CPR) immediately. Follow the instructions given on the leaflet opposite. Penny Anderson is Community Resuscitation and Training Officer for East Midlands Ambulance Service and can be contacted to give CPR training at penny.alderson@emas.nhs.uk Jane Gray

Village Hall News... The Christmas lunch held on Sunday 1st December for the over 65's was very well received with 48 people attending, and with a gift to take home, too. Thanks to Derek the chef and those that assisted with food prep and service. The Christmas Coffee morning a week later was another successful morning, with plenty of money raised, the bottle tombola being a particular draw. **Coming up...February 8th - Regular Coffee Morning at 10am - 12 noon. March 8th - Regular Coffee Morning**, offering a cooked breakfast for £5.00. **10am - 12 noon. April 12th - Easter 'Eggstravaganza' Coffee Morning. 10 am - 12 noon.** Featuring a competition for the best **Easter Table Decoration**. Details on how to enter, March Coffee Morning. **100 Club Winners - November Draw** 1st No 68, Ann Graves- £37, 2nd No 17, Pearl White- £20, Village Hall £20. **December**, 1st No 39 Val Wright £37, 2nd No 5 Trevor Wright £20, Village hall £20. **January 2025**, 1st No 5 Trevor Wright £34, 2nd No 51 Steven Gallagher £17, Village hall £17.

What's happening at the W.I. Angie Emmerson writes... Maltby Le Marsh W.I. meet every third Monday at 7.30pm in the village hall. We had a wonderful December meeting, thanks to a Councillors grant from Travis Hesketh, we were able to invite everyone along to enjoy music by Creaking Bones Ukulele group, without charge. We are proud to celebrate our branch's 45th Birthday this month and will be taking ourselves out for a fish and chip lunch. We are 'buzzing' about our February meeting, where we will hear all about Bee Keeping with our local Apiarist Julie Montgomery, and are looking forward to many other interesting talks this year. Come along and join us, we love to meet new people and introduce them to what the W.I. has to offer.